creating calm confident kids



# RELAX KIDS CHILD, YOUNG PERSON AND VULNERABLE ADULT PROTECTION POLICY

Relax Kids believe that every child, young person and vulnerable adult has a right to feel safe and protected from any situation, or practice, that results in them being physically or psychologically damaged.

## **Our Policy**

This policy is to be used by any coach working directly with children, young people or vulnerable adults.

The policy applies to anyone with whom we come in contact with in the course of our daily work.

#### All coaches have a responsibility to:

- o Provide a safe environment in which children, young people and vulnerable adults can learn
- o Ensure that the welfare and safety of children, young people and vulnerable adults is paramount in all their activities
- o Undertake regular and appropriate safeguarding training, which is regularly updated
- o Be aware of the process of making referrals, in their place of work, whether in a school or community setting. Only share concerns and seek support from the local social services or school safeguarding lead
- o Be able to maintain an appropriate level of confidentiality. Respecting a child's, young person's or vulnerable adult's right to personal privacy
- o Regularly assess and review safety risks which arise from premises, activities, and equipment, as covered in their risk assessment
- o Be aware that their actions may be misinterpreted, even if it was well intentioned

#### Class responsibility:

- o Hold a register of every child, young person or vulnerable adult involved with the group, and have a contact name and at least three emergency telephone numbers
- o In the event of any accident, the coach will keep a log of all events, with dates, times and actions taken which the parent will sign (Keep this record for a minimum of 5 years)
- o Encourage children, young persons or vulnerable adults to respect and care for others
- o Take action to stop any inappropriate verbal or physical behaviour
- o Ensure that parents or a named guardian will be picking up their child, young person or vulnerable adult

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o In the event of a child, young person or vulnerable adult not being picked up by their parent/guardian, we will contact one of the three emergency numbers. If there is no response, we will contact Social Services and ask for advice from the Duty Officer or the Safeguarding Lead, if at a school.

## Our Promise:

We recognise that child protection should not be treated in isolation - we will take on board guidance given by recognised Child Protection agencies and will address the selection of coaches by doing the following:

- 1) We accept that it is our responsibility as a group to check that all coaches have been appropriately vetted (police checked)
- 2) We will ensure that every new coach will complete a Personal Profile Form
- 3) We will ask for the names of two professional referees who will write a written reference
- 4) We will note all previous experience of coach trainers in working with children